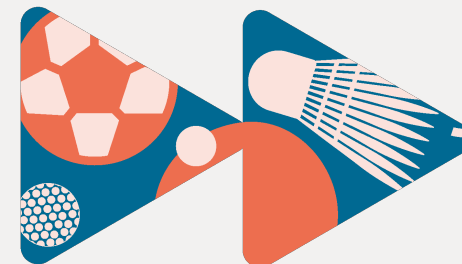


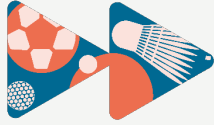


# My Learning, My Future

**Where can studying Physical Education  
take you?**

Highlighting the relevance of Physical Education  
to future careers and opportunities





# Why Physical Education matters

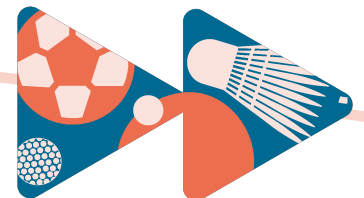
**Have you ever considered where studying Physical Education can take you?**

Today, we'll be exploring some of the career opportunities that are available to you, as well as the various pathways you can take to get there.

What careers can you think of that use Physical Education?

What do you think these roles involve (daily task, etc.)?

What skills do you think you might need for these roles?





# Explore a career as a...

Here are some  
example roles and  
careers linked to  
Physical Education



Sports Commentator

BBC Bitesize Video



Sports Coach

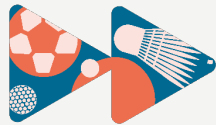
BBC Bitesize Video

BBC Bitesize Video



Sports Development  
Officer

BBC Bitesize Video



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example roles and  
careers linked to  
Physical Education



Stunt Performer

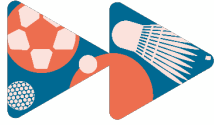
[BBC Bitesize Video](#)



Fire Fighter

[BBC Bitesize Video](#)





# Discover more about the role

Explore careers using National Careers Service and find out about what jobs involve and how they are right for you

## Includes:

- Average Salary
- Typical Hours
- Work patterns
- Pathways/How to Become
- Essential Skills
- Daily Tasks

## Research Ideas:

Sports Developer Officer  
Sports Commentator  
Sports Coach  
Stunt Performer  
Fire Fighter

**National Careers Service**

We provide information, advice and guidance to help you make decisions on learning, training and work.

This service is available to people who live in England.

Skills assessment	Explore careers	Find a course
Learn more about your skills and match them to potential new careers.	Choose from over 800 career profiles to discover what each job involves.	Look for online learning opportunities and training courses local to you.
<a href="#">Assess your skills</a>	<a href="#">Search job profiles</a>	<a href="#">Look for courses</a>

**Careers advice**

Making career choices	Getting a job	Progressing your career
Whether starting your career, changing job or if you have been affected by COVID-19, understand and make the right choice for you.	Be successful in the recruitment process with tips on great CVs, interviews and graduate scheme applications.	Move up in your career by developing new skills. Find opportunities like volunteering and online learning.

**About us**

The National Careers Service can help you with your career, learning and training choices. [Find out more](#) about the different ways we can support you.

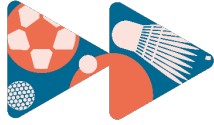
**Speak to a careers adviser**

Wherever you are in your decision-making, you can call us on [0800 100 900](tel:0800100900) or use webchat.

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# Where can Physical Education take you

## Pathways at 16

### Example Post 16 Routes

- BTEC Physical Education & Sport
- A-Level Physical Education, etc.
- T Level Health
- T Level Healthcare Science
- T Level Science.

### Apprenticeship Ideas

- Community Sport & Health Officer
- Personal Trainer
- Events Assistant
- Physiotherapist
- Outdoor Activity Instructor
- Teaching Assistant



**PHYSICAL EDUCATION**  
WE'VE GOT THE APPRENTICESHIP FOR YOU!

**COMMUNITY SPORT AND HEALTH OFFICERS**  
engage people in sport and physical activity across local communities.

**OUTDOOR ACTIVITY INSTRUCTORS**  
guide children and adults in activities and pastimes such as canoeing, sailing, climbing, surfing, cycling, hillwalking, archery or bushcraft at an introductory level.

**PHYSIOTHERAPISTS**  
help people affected by injury, ageing, illness or disability to improve their movement through methods including manual therapy, therapeutic exercise and more.

**COMMUNITY ACTIVATOR COACHES**  
lead and coach fun, inclusive and engaging activities that help people of all ages to change their behaviour and adopt and maintain a physically active lifestyle.

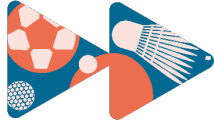
**PERSONAL TRAINERS**  
coach clients towards health and fitness goals through personalised exercise programmes and instruction, nutritional advice and overall lifestyle management.

**MORE INFO**

There are many other apprenticeships you might be interested in:  
Sports Turf Operative, Events Assistant, Sporting Excellence Professional, Teaching Assistant / Teacher, Podiatrist, Psychological Wellbeing Practitioner and many more!

Brought to you by  
National  
Apprenticeship  
Service

Visit [apprenticeships.gov.uk](https://www.apprenticeships.gov.uk)  
to find out more.



# Where can Physical Education take you

## Pathways at 18

### Example Degrees:

- Sports Coaching
- Sports Science
- Sport Psychology
- Sports Rehabilitation
- Sports Management

### Apprenticeship Ideas

- Community Sport & Health Officer
- Personal Trainer
- Events Assistant
- Physiotherapist
- Outdoor Activity Instructor
- Teaching Assistant



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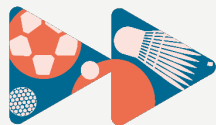
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to find out more.

[Read more >](#)



# Essential Skills

Here are three key skills needed for a career that uses Physical Education



	Video	Skills Builder Resource KS3	Skills Builder Resource KS4
Working cooperatively with others towards achieving a shared goal	<a href="#">Watch here</a>	<a href="#">Short Lesson Team Work Step 6-8</a>	<a href="#">Short Lesson Team Work Step 8-10</a>
The ability to set clear, tangible goals and devise a robust route to achieving them	<a href="#">Watch here</a>	<a href="#">Short Lesson Aiming High Step 6-8</a>	<a href="#">Short Lesson Aiming High Step 8-10</a>
The receiving, retaining and processing of information or ideas	<a href="#">Watch here</a>	<a href="#">Short Lesson Listening Step 6-8</a>	<a href="#">Short Lesson Listening Step 8-10</a>





# My Learning, My Future

THE CAREERS &  
ENTERPRISE  
COMPANY