



Sport

Level 2 First Award in Sport BTEC Miss Boden





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Course Content information

- Pearson – 600/4779/3
- Unit 1 – Fitness for Sport and Exercise; this is an external online exam 60 marks 1 hour 15 minutes.
- Unit 2 – Practical Performance in Sport (coursework)
- Unit 3 – Applying the Principles of Personal Training (synoptic coursework unit)
- Unit 6 – Leading Sports Activities (coursework)





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What to expect on this course?

- This course is a combination of practical and theory lessons with the majority spent on theory.
- Vocational courses are suited to learners who find coursework more suited to their learning style than exams.
- You should expect to work hard and produce work to Distinction level.
- A commitment from you that matches that of your teachers.



Possible Careers link

- Future courses; Level 3 BTEC Sport, A Level PE, University degree
- Possible career links;
 - PE Teacher
 - Sports Coaching
 - Leisure industry
 - Personal training
 - Physiotherapist





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Further information

- Your PE teachers are the best resource that you have.
- SMHW is used to upload lessons and resources.
- Oldbury Academy PE Department Facebook
- Oldburyacademype Instagram
- Extra-curricular clubs support your learning.
- BBC Bitesize





National Careers Service

This link will take you to a government website that is designed to help you explore careers.

<https://nationalcareers.service.gov.uk/>

Have a look at careers you are interested and what advice they give you about possible GCSEs and A-levels you should be interested in.

